



THE RENFREW CENTER for Eating Disorders

Offering Specialized Programming for College Students at All Levels of Care

As a result of the COVID-19 crisis, college students have been largely impacted and are faced with unexpected educational, financial and social challenges. This added stress may cause a detour along the path of recovery, if appropriate management and treatment are not prioritized.

For college-aged students who choose to participate, The Renfrew Center has integrated specialized programming into all levels of care including **Residential, Virtual Day Treatment and Virtual Intensive Outpatient** to address the many challenges students face while trying to balance recovery in the midst of a global pandemic.

For more information about Renfrew's College Programming or to schedule an assessment, please call **1-800-RENFREW (736-3739)** or visit www.renfrewcenter.com.

Residential care is available at The Renfrew Centers of Philadelphia, PA and Coconut Creek, FL.



@RenfrewCenter



Discussion covers the following topics:

- Social isolation
- Meals at home versus on-campus
- Balancing the new normal of academics
- Exercise culture
- Self-care practices
- Identifying new supports
- Navigating family dynamics

